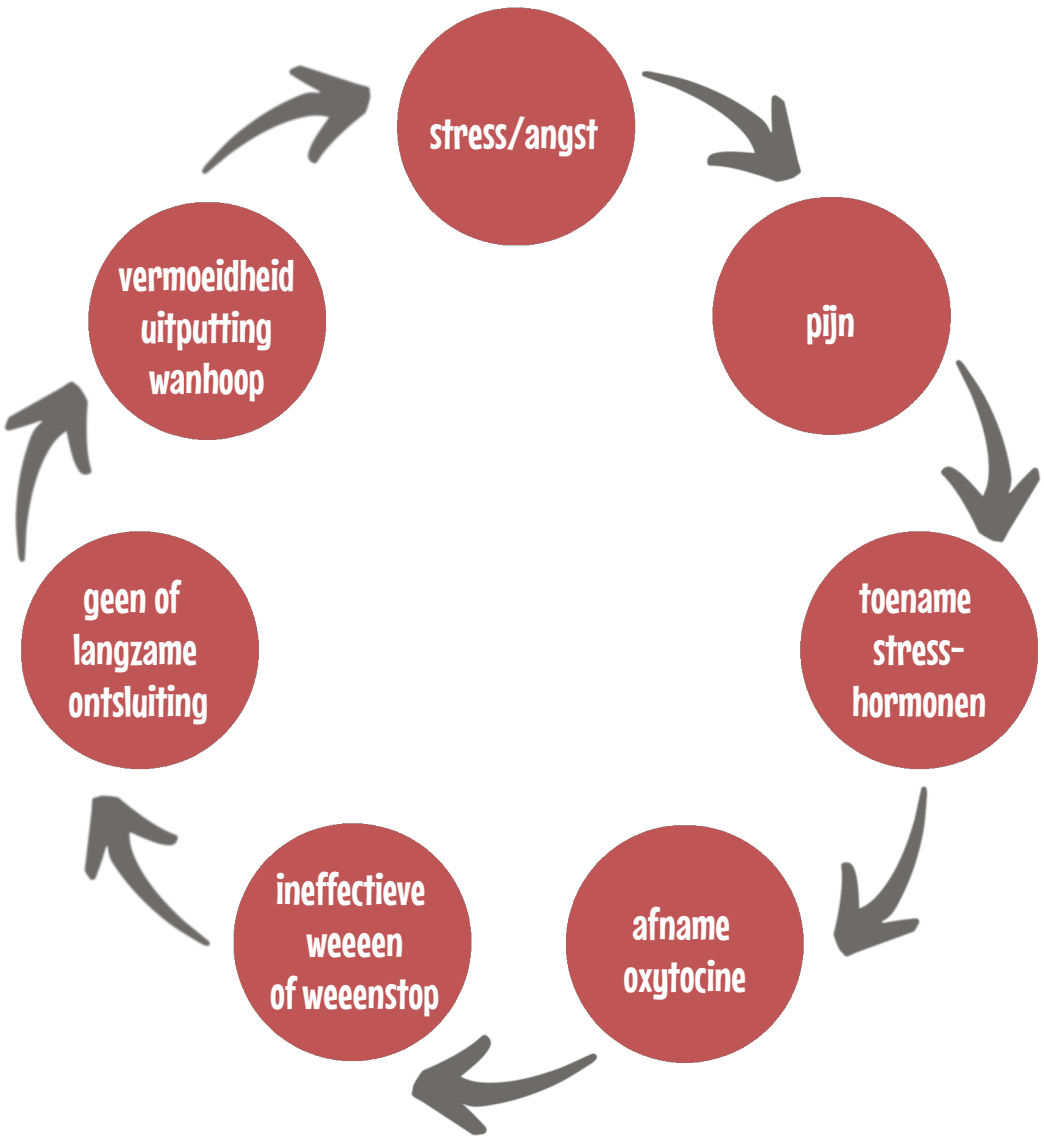
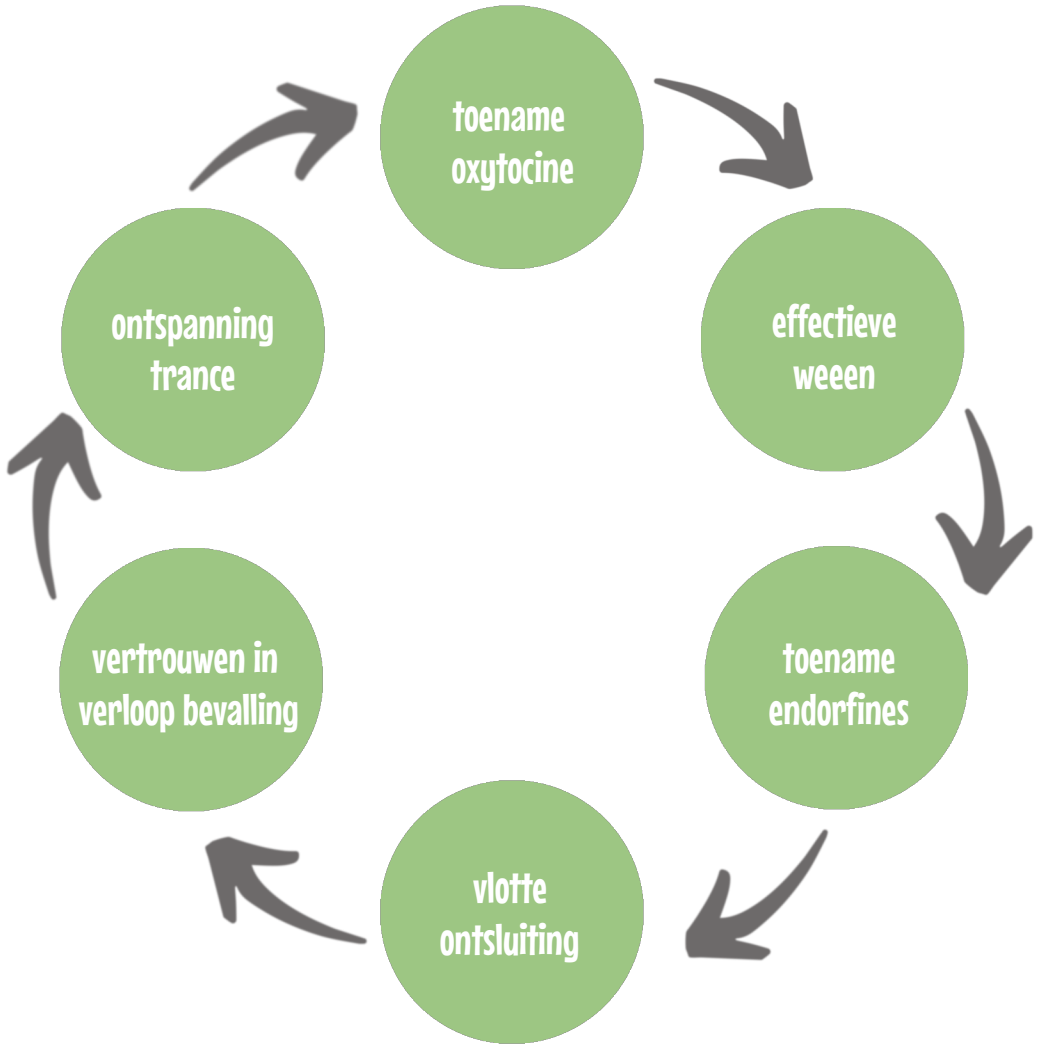

stress/angst
pijn
toename stress-hormonen
afname oxytocine
ineffectieve weeeen of weeenstop
geen of langzame ontsluiting
vermoeidheid uitputting wanhoop


toename oxytocine
effectieve weeen
toename endorfines
vlotte ontsluiting
vertrouwen in verloop bevalling
ontspanning trance